

## Children's Learning Center - Daily Schedule

Upon Arrival - Self Care and Who's Here Today Board

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|-------------|--|
| 7:30-8:20   | <b>Child Choice</b> Activities and Learning Centers  |
| 8:20-8:25   | <b>Clean Up</b> (Sing Clean Up Song)   |
| 8:25-8:30   | <b>Self Care</b> (Wash Hands)  |
| 8:30-9:00   | <b>Breakfast</b> (Play "Good Morning Song" on Alexa/ Food Learning)  |
| 9:00-9:05   | <b>Self Care</b> (Bathroom and Wash Hands)   |
| 9:05-9:25   | <b>Community Building/Circle Time</b>  |
| 9:25-9:50   | <b>Music/Movement</b> (Brain Gym, Sensory Motor, Structured Gross Motor)   |
| 9:50-9:55   | <b>Water Break and Story Time</b>  |
| 9:55-10:20  | <b>Child Choice</b> Activities and Learning Centers (Motor Room/Classroom)   |
| 10:20-10:25 | <b>Clean Up</b> (Sing Clean Up Song)   |
| 10:25-11:00 | <b>Plan-Do Activities</b> (Math/Cognition, Science/Sensory, Fine Motor/Literacy)                                   |
| 11:00-11:25 | <b>Child Choice</b> Gross Motor (Outside Playground)   |
| 11:25-11:30 | <b>Clean Up</b> (Sing Clean Up Song)   |
| 11:30-12:00 | <b>Wash Hands &amp; Eat Lunch</b>  |
| 12:00-12:05 | <b>Self Care &amp; Find Cot</b>  |
| 12:05-12:35 | <b>Rest/Relaxation Time</b>  |
| 12:35-2:20  | <b>Nap or Child Choice Quiet Activities</b> (Fine Motor, Sensory, Cognitive)                                       |
| 2:20-2:30   | <b>Sleepers - Wake up, potty/get changed, wash hands</b><br><b>Non-sleepers - Potty/get changed and wash hands</b> |
| 2:30-3:00   | <b>Snack</b>   |
| 3:00-3:25   | <b>Child Choice</b> Gross Motor (Outside Playground)   |
| 3:25-4:30   | <b>Indoor Child Choice Free Play</b>   |
| 4:30        | <b>CLOSE</b>   |